

# *St. Elizabeth Roman Catholic Church*

**REV. FR. MARTIN NDYANABO, PAROCHIAL ADMINISTRATOR**

**REV. MR. FRED JARDINE, PERMANENT DEACON**

*St. Elizabeth Parish is a faith-filled community, built on the example of hospitality shown by St. Elizabeth herself. We welcome and celebrate people from all walks of life, and we strive to learn from Sacred Scripture, our Catholic tradition, the Sacraments, and one another.*

*We are committed to nurturing the spiritual, physical, and emotional well-being of all we encounter. Above all, we spread the joy and love of Christ's Gospel of life in our Parish, neighborhood, and to all nations.*



## **SUNDAY MASSES**

Saturday: 4:30 p.m.

Sunday: 9:00 a.m.

Sunday including Children's Liturgy: 10:30 a.m.

Hungarian Mass: 12:00 p.m.

## **CONFESSIONS**

Saturdays: 3:30 p.m. - 4:00 p.m. or by appointment.

## **BAPTISMS**

Please call parish office at 613-725-2242.

## **WEEKDAY MASSES**

Tuesday - Friday: 9:00 a.m.

Adoration of the Blessed Sacrament - 8:30 a.m.

Holy Rosary - 8:30 a.m.

First Fridays: Anointing of the Sick at Daily Mass

## **WEDDINGS**

To be arranged 6 months in advance.

1303 LEASIDE AVE., OTTAWA, ONTARIO K1Z 7R2 TEL 613-725-2242

st.elizabethparish@rogers.com

stelizabethottawa.ca

*“My food is to do the will of him who sent me  
and to complete his work.”*

John 4:34



*Mass Intentions for the Week*

**Tuesday, March 17: St. Patrick**

9:00 a.m., Healing for Stella and Gerald Normoyle  
by the Normoyle Family

**Wednesday, March 18: Saint Cyril of Jerusalem**

9:00 a.m., Soul of Dora McGrath by Mary McGrath  
Souls of Estanislao & Esperanza Villena  
by Lourdes Villena

**Thursday, March 19: Saint Joseph**

9:00 a.m., Blessings on Sr. Alice Johnson  
by the Normoyle Family

**Friday, March 20: Weekday**

9:00 a.m., Soul of Ildiko Fejes  
by Beatrice Keleher-Raffoul

**Saturday, March 21: Saturday Vigil**

4:30 p.m., Soul of Frances Patacairk-Charron  
by Patricia & Ronald Patacairk

Soul of Sandra Carter by the Seniors Group

**Sunday, March 22: 4th Sunday in Lent**

9:00 a.m., Healing for Fely Noble-Romero  
by Bing & Melba Mendoza  
For All Parishioners

10:30 a.m., Soul of Mario LaVallee  
by Gerardo & Monique LaVallee

*Sick in Our Parish*

We pray for all those who have died,  
and all those who mourn them.

**We pray for the sick of our Parish and for all those  
who care for them, especially for:**

Tereza Adam, Elina Anker, Sarah Bowie,  
Gerti Chapman, Emiliana Cabuga, Jeff Carroll,  
Tony Dean, Rosa Delascio, Tristan Denis,  
Lynn Dobson, Margaret Doherty, Elza Feher,  
Eileen Frattini, Johanne Gagnon, Stan Gervais,  
Jodi Graham, Raymond Joly Sr., Gordon Kane,  
Norina Lachance, Rick Lachance,  
Marlyn McAndrew, Gerald Normoyle,  
Stella Normoyle, Greg Patacairk, Myra Anne Powell,  
Emily Rozsa, Pat Redmond, David Simpson,  
Karen Smithers, Flo Sully, Bob Tait, Lamomba Tito,  
Susan White, Sylvia Zito

**Ministers of the Liturgy**

**Mar. 21 4:30 p.m.**

Commentator Joe Legari  
Lector Gigi Legari  
Ciborium Sue Morneau

**Mar. 22 9:00 a.m.**

Commentator Sheila Fleury  
Lector Angelita Stolarik  
Ciborium Deacon Fred J.

**Mar. 22 10:30 a.m.**

Commentator Mary Chukwu  
Lector Charlene Sinkinson  
Ciborium José Escobar

**St. Elizabeth Parish Altar Servers**



**4:30 p.m.** Paul Obinna, Treasure  
Agazuma, Emmanuel Agazuma

**9:00 a.m.** Bridgid Oghenetano,  
Claire Omamuzo, Odilia Ogbundu

**10:30 a.m.** Joseph Uwayezu,  
Rodrigue Uwumukiza, Jyuan  
Almario, Mary Chukwu, Imena  
Ame, Emmanuella Chukwu,  
Stephanie Chukwu, Hannah Joseph

**Canadian Tire Money Count: \$263.23**

**Bequests and Wills**

In your kindness, please remember St. Elizabeth Parish  
in your bequests and wills. If anyone wishes to make  
such a bequest in their will, the following clause may  
be included or added to a will or added by codicil: *“I  
give, devise and bequeath the sum of \$... to St.  
Elizabeth Church, Ottawa, to be used in the  
administration of the pastoral activities of the parish.”*

**Thank you for supporting the work  
and ministry of St. Elizabeth Parish:**

Regular Sunday Collection, March 8: \$2,597.00  
Total Offering for Poor Fund: \$250.00  
Total Offering for Maintenance Fund: \$1,069.00

**Parish Events This Week**

**Tuesday:** Bible Study, after morning mass  
**Tuesday:** St. Patrick's Day Party, 11:00 a.m.  
**Wednesday:** Christian Meditation, 9:45 a.m.  
**Wednesday:** Prayer Shawl Ministry, 12:15 p.m.  
**Wednesday:** Beginner's Yoga, 6:00 p.m.  
**Thursday:** Seniors Gathering, 12:00 - 4:00 p.m.  
**Friday:** Embassy West Seniors Mass, 11:00 a.m.  
**Friday:** Stations of the Cross, 7:00 p.m.

## In the Parish



**Fr. Martin's Lenten Reflection:** We say that the Season of Lent lasts forty days, as the Latin word, 'Quadragesima' suggests. When I was a young seminarian – sceptical as I was – I took the calendar and

wanted to make sure for myself if there were indeed 40 days from Ash Wednesday to Easter Sunday. To my surprise, I found they were actually 47 days. I had reasons to be sceptical, after all! So, I had a question for the teacher of liturgy, who, of course, was taken by surprise. Later he came up with a meaningful explanation: even on Sundays in Lent, we celebrate the Resurrection of the Lord, and hence they are not counted as days of fasting and penance. So, when you make that exemption, you can still say Lent does have forty weekdays of fasting and penance!

In any case, this number has more to do with symbolic significance. 'Forty' is symbolic of a generation, a lifetime. The people of Israel walked in the wilderness for forty years (Dt 8:2). Practically, it was a new generation that entered 'the Promised Land' (Num 32:13). The number forty symbolises a time of prayer: Moses spent 40 days in communion with God on Mount Sinai (Ex 24:17-18; 34-28). Forty symbolises every person's journey to the mount of God as Elijah "walked for forty days and forty nights until he reached Horeb, God's mountain" (1Kings 19:8). It is this journey that the Season of Lent reminds us of!

Every first year in Lent, the Church introduces us to the temptations of Jesus. This is to remind us that in the whole period of Lent the temptations will get stronger, and yet, we must persevere. The synoptic gospels (Mk, Mt, Lk) capture at the beginning of the public of ministry of Jesus what John narrates as a lifetime of discernment of the will of the Father (read Jn 6:15, 30-31; 7:3). The narrative of the temptations of Jesus in the synoptic gospels resembles those of the people of Israel in the wilderness, and it is also our own struggle today.

Every Friday in Lent we meet as a family to trace the footsteps of our Lord Jesus Christ on his Way to Calvary in the Stations of The Cross. May we always learn to trace his physical as well spiritual footsteps in this our journey of Faith.

## Parish Opportunities for Our Spiritual Growth This Lent

**\*Stations of the Cross**

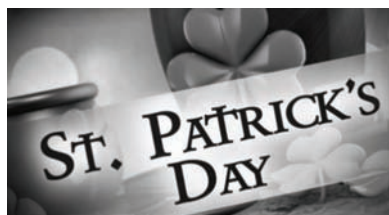
Fridays during Lent, 7:00 p.m.

**\*Lenten Penance Service**

Wednesday, March 25, 6:00 p.m.

**\*Bible Study on the Old Testament  
with Deacon Fred**

Tuesdays starting March 3rd to March 31st in the parish hall after morning mass.



### It's a Party!!!

Please join us at St. Elizabeth Church this **Tuesday, March 17, 11:00 a.m. to 4:00 p.m.** in

the parish hall. Irish music and a light lunch of beans and ham will be served. Cost is \$10 for adults. Children are free. Cash bar.

## In the Archdiocese

**40 Days for Life - Novena of Masses are being held at local parishes:**

St. Monica Parish: **Monday, March 16 at 7:00 p.m.**, St. Augustine Parish: **Tuesday, March 17 and Wednesday March 18 at 9:00 a.m.**

**St. Patrick's Day at Saint Patrick Basilica:**

**Tuesday, March 17, 10:30 a.m.** with Archbishop Terrence Prendergast. A luncheon reception will follow in the Scavi after the Mass. Info: Parish Office 613.233.1125.

**Lenten Mission – The Mystery of the Eucharist:**

With Bishop Guy Desrochers, C.Ss.R. at St. Raphael's Church, **Saturday, March 21**, Mass at 9:00 a.m.; Rosary at 4:00 p.m. Confessions available. Lunch provided. RSVP: Carmel MacDonell 613.347.3196 or Mary Regan 613.931.3285.

**Holy Cross Lenten Retreat:** March 23 & 24, 7:00 –

9:00 p.m. Preacher: Deacon Marc Gauthier. Theme: What Does God want from you? Why does it matter? Celebration of the Sacrament of Reconciliation on Tuesday, March 24. Free will offering gratefully accepted. Info: 613.731.7834.





THE MARK OF QUALITY.

**McEvoy-Shields**

Funeral Home and Chapel  
1411 Hunt Club Road 613-737-7900  
mcevoy-shields.com



**Ottawa Physiotherapy & Sport Clinic**

Westboro  
Mon. - Fri. 7am-8pm, Sat. 8am-1pm  
347 Churchill Ave. N. P: 613.728.4160  
www.optsc.com

Because family matters!

**Kelly Funeral Home**  
kellyfh.ca

Carling 613-828-2313  
Somerset 613-235-6712



Arbor Memorial Inc.

**DO YOU HAVE A PRODUCT OR SERVICE TO OFFER?**

ADVERTISE IT IN YOUR LOCAL CHURCH BULLETIN  
EFFECTIVE TRUSTED AND REASONABLY PRICED 1-800-268-2637



**LEO WAGORN & SONS INC.**

Full Automotive Service  
1526 Raven Ave. 613-728-1229



613-728-4780



**Thomas A. PEGG**  
PLUMBING AND HEATING LTD.

**G&G AUTO**

Used Car Sales & Service  
Buy With Confidence  
926 Merivale Rd.  
613-798-2596  
www.ggauto.ca

**Eat Shop Spend and Enjoy LOCAL**

please support the businesses that support your parish

**Liturgica Inc.**

GIFTS & SOUVENIRS FOR ALL RELIGIOUS OCCASIONS  
602-1260 Old Innes Rd.  
(Innes Rd. & St. Laurent Blvd.)  
613-745-1537  
www.liturgica.ca

**THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637**

**Remember...**

Let our advertisers know you saw their ad here.



**Shopping Locally Saves Gas**